

Order online by 9am
for delivery Mon. Tue.
Wed. Thur

eZlunch MENU

Howick Intermediate / Term 2 2024



242 Marua Road
Mt Wellington
Auckland
09-579 5499

WARM MAINS

Tue	Mini Pie Combo	\$7.00
	Mini Pizza	\$4.90
	Katsu Chicken On Rice	\$9.30
	Teriyaki Chicken On rice	\$8.90
	American Hotdog	\$9.40
	Beef Burger	\$9.20
	Macaroni Cheese	\$9.60
	Gluten Free Macaroni Cheese	\$10.70
	Spaghetti Bolognese	\$9.80
	Mild Chilli Bean Nachos (large) with optio...	\$8.50
	Lasagne	\$9.50
	Gluten Free Beef Lasagne	\$10.90
	Spring Rolls	\$5.80
	Jesters Pie	\$7.60
	Gluten Free Jesters Pie	\$10.50
	Sausage Roll - Baked Fresh Daily	\$5.20
	Noodles - Vegetarian or Chicken	\$7.90
	Samosa Vegetarian 6pcs	\$4.60
	Samosas x Vegetarian 12pcs	\$8.50
	Pork, Chive, Prawn Dumplings (4 pieces)	\$7.80
	BBQ Pork Bun (1) (Steamed)	\$7.50

COLD MAINS

	Katsu Chicken on Rice	\$9.30
	Chicken Macaroni salad	\$9.60
	Ham & Green Salad (design your own)	\$8.70
	Roasted Chicken & Green Salad (design yo...	\$8.70
	Green Salad (design your own)	\$7.90
	Design a Sandwich CHICKEN	\$6.50
	Design a Sandwich TUNA in Spring Water	\$6.50
	Design a Sandwich HAM	\$6.50
	Design A Sandwich VEGETARIAN	\$6.00
	Teriyaki Chicken On Rice	\$8.90
	Round Roll Chicken Salad	\$6.00
	Round Rolls Ham & Salad	\$6.00
	Pita Crisps & Fresh Hummus	\$7.20

VALUE PACKS

	Chicken wrap Combo	\$13.50
	Sandwich Lunch Box	\$13.50
	Sausage Roll, Popcorn & Apple	\$9.70

SUSHI

Tue	Salmon Mini Sushi	\$8.50
	Plain Katsu Chicken Sushi 4PCS	\$7.50
	Prawn Sushi with Cucumber and Avocado Su...	\$10.50
	Tuna Avocado Sushi 6 PCS	\$10.50
	Tuna Avocado Sushi 4 PCS	\$7.50
	Plain Katsu Chicken Sushi 6PCS	\$10.50
	Plain Teriyaki Chicken Sushi 4PCS	\$7.50
	Plain Teriyaki Chicken Sushi 6PCS	\$10.50
	Teriyaki Chicken Sushi With Avocado ...	\$8.00
	Teriyaki Chicken Sushi With Avocado ...	\$11.00
	Sushi Lunch Box	\$13.50
	ECO Roll - Plain Katsu Chicken Sushi	\$5.50
	ECO Roll -Plain Teriyaki Chicken Sushi	\$5.50

SNACKS & DESSERTS

	Fresh Sliced Pineapple	\$3.80
	Kiwifruit	\$3.00
	Chocolate Chip Cookie	\$3.90
	Chocolate Cake	\$4.30
	Muffins	\$3.90
	Chocolate Brownie	\$4.50
	Weetbix Coconut Slice	\$3.80
	Gluten Free Cookies	\$4.00
	Yoghurt Large 225ml	\$5.00
	Yoghurt Small 100ml	\$3.70
	Fresh Fruit Salad	\$7.20
	Apple	\$2.30
	Orange Fresh & Quartered	\$3.80
	Carrot Sticks	\$3.40
	Fresh Hummus	\$3.80
	Lime or Berry or Orange Jelly small	\$2.80
	Pita Crisps Small Bag	\$4.10
	Pretzels	\$3.20
	Vegetable Crisps	\$2.80
	Popcorn	\$3.00

DRINKS

	Water	\$2.80
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Order online... www.eZlunch.co.nz
Need help? Visit support.mykindo.co.nz or call
toll free 0800 EZLUNCH (09-869 5200)
8am-4pm Mon-Fri (except public holidays)

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for delivery Friday

eZlunch MENU

Howick Intermediate / Term 2 2024



4/65 Kerwyn Avenue
East Tamaki
Auckland
09-2730102

SUSHI AND RICE MEALS

3 x Vegetarian Sushi	\$4.80
Rice Roll Teriyaki Chicken	\$7.40
Rice Roll Salmon	\$7.40
Rice Roll Sweet Chilli Chicken	\$7.40
3 x Plain Avocado Sushi	\$4.80
6 x Plain Avocado Sushi	\$8.60
Onigiri with either Tuna or Chicken	\$5.20
3 x Teriyaki Chicken Sushi	\$5.10
6 x Teriyaki Chicken Sushi	\$9.10
3 x katsu Chicken Sushi	\$5.10
6 x Katsu Chicken Sushi	\$9.10
3 x Tuna Mayo Sushi	\$5.10
6 x Tuna Mayo Sushi	\$9.10
3 x Salmon Avocado Sushi	\$5.50
6 x Salmon Avocado Sushi	\$9.90
3 x Fried Prawn Sushi	\$5.10
6 x Fried Prawn Sushi	\$9.10
6 x Vegetarian Sushi	\$8.90
Teriyaki Chicken with vege salad	\$9.00
Teriyaki Chicken on rice	\$8.80
Teriyaki Salmon on rice	\$9.80
Vege Salad and salad sauce	\$5.80
BBQ Pork Bun	\$3.50
Teriyaki Chicken Bun	\$3.50
Soy sauce	\$0.20

Order online... www.ezlunch.co.nz

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